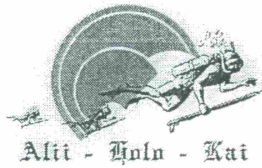

Alii



Holo

Kai Newsletter

3446 Pakui St. Honolulu, Hi 96816 (808) 732-1756

March 2007

Our **February** outing was a 3 prong, swim out, fun get together at Kaiona Beach Park (Waimanalo next to Shriners). Read George's article below that he also submitted to Hawaii Fishing News.

2007 Alii Holo Kai 3 Prong "Get Together" --- By George Matsuda

Once again, the Alii Holo Kai (AHK) dive club got together to have their annual 3 prong tournament. On Sunday, February 25, twenty two members participated in this event on the island of Oahu. The meet was held at Kaiona Beach Park in Waimanalo.

This was a swim from shore meet and you had to dive with a partner. This was a four hour dive and you could travel anywhere by foot, as long as you returned by 12:30 pm with your partner. Other rules stated that your three prongs had to be 8 feet or less without any barbs and the rubber sling had to be attached to a spear. Each diver could only spear 10 small fish and the minimum sizes were 5 ½ inches; Aholehole, Aweoweo, Kole, Manini, Menpachi, Pakuikui, Toao and Poopaa and also 10 large fish, but only 2 per species and the minimum sizes for each were 12 inches; Aawa, Enenu, Lai, Kumu (all goats), Roi, Pualu, Palani, 13 inches; Uhu, 17 inches; Opelu Kala and Papio (jacks), 15 inches; Horn Kala. Mark your calendars, for this fish list is just a reminder to prepare you for

next years outing which will be held about the same time.

After the morning briefing, row call and a prayer, the divers casually either made their way to suit up and gather their gear or was already prepared for a quicker start.

Mean while the food was being prepared by Chef Junior Afalla to get ready for the hungry guys after the dive.

Fun Dive

To sum up the four hour dive, I would say that the majority of divers who did well chose to dive in a depth of 15 feet in pounding surf. There were many cracks that housed the swift moving Enenu. This area was challenging, you had to constantly bob and kick hard against the oncoming swell and at times duck under the sets of breaking surf to avoid losing your mask. The school of Enenu moved in and out of cracks rapidly and timing the fish to get a steady shot was difficult. The fish almost had to stay still for a moment. The thought was to get your two fish and move on for other species.

The first place winner in the total weight division went to Shay Motonaga. Shay jokingly said that "It's not about

the prizes”, “it’s about bragging rights for the day”, but “I was hoping to win a 3 prong”.

The Hamburger Steak prepared by Junior was huge. I could only eat one that was two inch thick and easily weighed a half pound; some ate two said Frank. Along with Brown gravy, Macaroni salad, Beef Stew, rice and other donated grinds, the desire for food soon vanished and the “doggy bags” were plentiful.

After the awards were handed out and before the days end, the gang cleaned all the “Kole” that was speared, the “Wok” was fired up and Terry Yonashiro prepared his golden brown, deep fried “Kole” for snack that was gone in no time. The rest of the catch was either given away to anyone to take home or went to charity, nothing was wasted.

Upcoming Even “2007 Eliminations Dive Meet”

This event is to compete for a slot to the 2007 Freedive Spearfishing Nationals, to be held on August 9 at Noyo Harbor Beach, Fort Bragg, Mendocino County, California. The (AHK) club is welcoming Freedive Spearfishermen throughout the state interested in experiencing competition on the national level. Actually, the “eliminations” is a good time to learn spearfishing techniques from others and evaluate your skills among the best. Come, enjoy a day of competition, camaraderie, good food and fun.

Mahalo: to the following: Beach Master: *Terrence Takahata*, Weigh Master: *Frank Farm*
Score keeper: *Fred Calleon*, Chef: *Junior Afalla* Fish Handler: *Terry Yonashiro*
Awards: *Lance Ohara*

3 Prong Results

Total Weight
First Shay Motonaga 10 lbs. 6 oz.
Second Garret Lee 7 lbs. 2 oz.
Third Lance Nakamitsu 6 lbs. 12 oz.
Fourth Vernon Takata 6 lbs. 12 oz.

Largest Fish

First George Matsuda 4 lbs. 10 oz.
Second Vann Oshiro 4 lbs. 8 oz.
Third David Sakoda 3 lbs. 11 oz.
Fourth Fred Calleon & Davin Aki..... 3 lbs. 8 oz.

Largest Tako Keaka Ching 1 lb. 2 oz.

Best quote of the day by Terrence Takahata: **“Da old fut went kick butt”.**

Interested in joining the AHK dive club? An application form can be found on the Internet at <http://www.aliiholokai.com>.
...by George

The 2007 United States

Nationals will be held at Noyo Harbor (Fort Bragg, Mendocino County, California) on Thursday, August 9, 2007. Central California Council of Diving Clubs (CenCal) is hosting this 1 day paddleboard/kayak event to be followed by an excellent awards banquet the following evening. Although we have most of the details, a web site is to be established soon so everyone can get the ongoing specifics. As such AHK announces the elimination dive and this single meet will qualify up to 3 men’s

teams and 2 women's teams (2 persons) to determine who will represent our club.

AHK ELIMS/QUALIFICATION MEET

Date: Sunday, April 22, 2007

Location: Primary: Waialeale (Kuulima Pt. to Sunset Beach Pt.)

Alternate: Waimanalo Beach Park to Makapu Lighthouse

Eligibility requirements to participate in Qualification/Elimination meet.

1. Only applications received by Terrence Takahata, 5210 Likini St. #404 Hono Hi 96816. Telephone 836-5009 on or before Monday April 9, 2007.
 - a) Must be a paid 2007 member of AHK (\$30), 18 years or older. Can join when submitting entry with dues.
 - b) Submitted membership dues for the Underwater Society of America (\$15) for 2007.
 - c) Application and Entry fee (\$20) received by Terrence NLT 8 PM Monday April 9th. Form enclosed or call to get one.
2. On meet day
 - a) Dive Flag and knife.
 - b) Serviceable cooler with 20 or more pounds of ice. Bring your cold drinks

Declared Teams and Individuals.

Divers may declare as a 3-member team prior to eliminations, and if all finish

within the top 9, then they would be a team. If only two of the declared members qualify, they may still remain together, and the third member will be an individual diver coming from the top of the qualifying list. If no teams exist (qualify) then the top 3 individuals became a team.

The teams will be established with the above criteria. Once teams are established, members cannot be moved from team to team. If a member drops off a team, the replacement will be provided from the individual team list by place of finish. New team members can only be chosen from those who entered this elimination. Obviously, since not all situations can be accounted for, the final decision(s) rests with the committee of AHK President Frank Farm, VP & Overall AHK Competition Director Dennis Okada, and one AHK non-competing member.

Once a diver qualifies for a team, he/she will have *14 days* to turn in a letter of intent to participate in the 2007 Nationals. \$100 deposit per diver to declare participation must be submitted. This \$100 will be refunded the day after the Nationals if you did participate and not pull out. If a diver does not respond by the due date or turns down qualification, then that diver would no longer be eligible.

RULES:

1. Start through marked entry area. You are allowed to return to shore only through this marked area, (i.e., lose, forget, replace gear, etc.) Dropping off fish will not be allowed during the competition. You must let an

official know what you are doing. At no time can a competitor leave the water and touch shore outside of the marked limits.

2. Everyone required to check-in On Time.
3. Electronic equipment: ONLY watch, light and GPS.
4. No free shafts
5. Only muscle powered crafts and swimming allowed.
6. No chumming.
7. No spearing of fish allowed in dive location as of April 1st.

***** **15 Fish Max / 3 per list**

1. One point per pound / One point per fish. Maximum 16 points for any fish.
2. Fish measurement: nose to center of fork.
3. **Fish Minimum sizes:**
12" Palani, Pualu, Aawa, Hilu, Roi, Toau, Nenu, Mu, and all Goats.
13" All Uhu's
15" Horn Kala
17" Opellu kala, Uku, Awa, Awa awa, Oio, all Jacks, Kahala, Kaku, Kawelea, all Blue Water Fish (i.e. Ono, Tunas, Bill Fish, Mahimahi)

Discrepancies addressed as follows. If your catch:

*Consist of more than 15 fish, then the largest will be removed.

*Includes more than 3 per list, then largest of that species will be removed.

*Undersized fish by these rules, but not breaking State law, then that fish will be removed.

~~~~ **BREAK STATE LAW, YOU ARE DQ'D – YOUR CATCH AND YOU!** ~~~~

**Meet Day:**

6:00 AM Setup by Divers

7:00 AM Roll Call / Review

Rules –Not sure—Ask Questions!

7:30 AM Start Meet

1:30 PM End Meet – Food served. Chili, Hot dogs, salads, rice, etc.

2:30 Weigh In begins

3:45 Announce scores

**WEATHER CONDITIONS:** All interested persons can get information and call 6779010 / 927-5340 (Dennis Okada) by 6 PM April 21<sup>st</sup>...only if weather appears marginal or wiped out at the primary site (Waialea). The alternate site, if suitable, may be selected. The GO / NO GO decision probably would be made at the dive site unless conditions are predictable and for sure NO GO. Then the meet will be postponed for one week.

I have to emphasize the importance to get your paperwork in on a timely basis stated if you are considering possibly entering the eliminations. It seems we usually have a few last minute or after the deadline calls to enter. This makes it difficult for those planning and coordinating the logistics. If you have any questions, call early. Enter and get your forms in early!

For those that are positive they are not entering, please contact Terrence 836-5009, Dennis 6779010 or Frank 7321756 if you want to help and provide support for this event.

**D**UES are due! Yup its that time 2007 is here, yet the dues remain the same.! Single \$30. and Family Plan (Husband & wife) is \$40. Make your payment to Alii Holo Kai and mail to Alii Holo Kai 3446 Pakui St. Honolulu, Hi 96816. Be sure to include your address, phone number and *e mail address*.

Good news on the horizon!

**Chop** Suey Meet is set on May 20<sup>th</sup>. At Waimea end of Haleiwa Beach Park, under the BIG Tree. Afalla. will be cooking stew and there will be lots of other food. This is the popular event where we mix divers according to their skill levels (?) and provide different members to opportunity to experience another divers methods, etc.. all the *details will be forthcoming* in the next newsletter.

**M**ore **GOOD** news. Da Treasurer has confirmed AHK's Christmas in October with reservations for October 27 – Saturday. Additionally arrangements were made to expand the banquet room. Last year we had an overflow of members, guests and children. The extended area will give everyone, including Santa much more space. HO HO HO!

Aloha and Dive Safely,



Frank



DA WINNA'S